DRESS + GROOM CHECKLIST

Age Group: Middle, High School
Learning Goals:
- Encourage critical thinking
- Practice communication skills
- Use creativity to solve problems

Materials: Paper, writing utensils, chalkboard/whiteboard/projector
Estimated Time: 20-30 minutes
Note: This activity should only be completed after youth have known each other for some time.

Activity Details

1. Have each student divide a piece of paper lengthwise down the middle.

2. Instruct students to label one half or column "At the Interview" and the other half or column "On the Job."

3. Instruct each student to make a list of all of the things they need to do—in terms of dress and grooming—to prepare for each of those two situations.
   - Remind them that some things (like taking a shower) will be the same, but that others (like polishing dress shoes) may be different.

4. Give students 5-10 minutes to prepare their personal checklists.

5. When they are finished, come back together as a class and create a master checklist that includes everyone's suggestions.
   - Write this checklist on the board or overhead.
   - Be sure to allow time for discussion of those items that are questionable. Also be aware that male and female students may have somewhat different lists.

6. Discuss the dress and grooming similarities and differences between interviewing and being on the job.
   - Which things would you only do for an interview?
   - Which things must you always do to be professional?

7. Encourage students to revise their personal lists based on the master class list you created.

Optional Extension
Instruct students that they are to come to the next class as if they were dressing for a job interview. During the next class, take volunteers and have students discuss the choices they made and why they made them.

Modifications for Virtual Learning
In a virtual learning environment, conduct this activity the same way using Google Docs or other word processing software to have students document their lists and screen sharing to record a master checklist.